



MAIN STAY

A PUBLICATION OF MAIN STAY
THERAPEUTIC RIDING PROGRAM, INC.

www.mstrp.org

News

WINTER 2011

New Year, New Faces!

We're excited to welcome 3 new faces to the Main Stay team. While you may have met or spoken to her already, we'd like to formally introduce Kim Werner. Kim joined us in October as the new office



administrator and has already proven to be a great addition. Kim is responsible for our bookkeeping including student billing, along with handling student paperwork and numerous other office duties. Kim and her family live in McHenry.

Main Stay also gained 2 new board members with the new year. Joan Castell formally joined the Main Stay board in January. Many of you may know Joan, she's been an integral part of Main Stay for more than 20 years. She's helped out in the office on various occasions, volunteers in the ring, helps exercise horses and has assisted with events. Joan and her husband live in Woodstock along with their various critters.



We're also pleased to announce that Michelle Toll has joined the Main Stay board of directors. Michelle brings a plethora of business skills along with previous non-profit board experience to Main Stay.



She's currently a Senior Vice President with the State Bank Group where she oversees human resources, marketing and information technology for their five branches. Michelle is an avid horsewoman and lives in Burlington, Wisconsin with her husband.

We look forward to what these 3 capable, dynamic women will bring to Main Stay!

And we can't forget



We have another new face at Main Stay and we think you'll agree that it's an adorable one. Welcome, Sven, a 15 year old Norwegian Fjord. Thanks to Dr. Travis Henry, one of our veterinarians, Sven joined our team late last season. Dr. Henry generously donated Sven to Main Stay and he's already proven to be a welcome addition.

ATTENTION RIDERS AND FAMILIES!

Don't forget that the deadline for paperwork for the regular riding session is February 15, 2011. Remember, if we don't have your paperwork by this date, you will not be able to participate in the regular session.



Eagle Scout Brandon Kranz, Sven and Art Anderson, farm manager, take a stroll on our newly refurbished sensory track. Brandon was able to get the materials and the labor donated to replace the footing in our sensory track for his Eagle Scout project. We want to thank Brandon, along with Donald Bauer, Home Depot, Kiwanis Club of McHenry, Rebars & Steel, Jon Schmitt, Elaine Simek, Thelen Sand & Gravel, and Trempala Construction. It looks beautiful and the refreshed materials provide our students with an enhanced experience. A big thank you from our students!

From My Desk

Happy 2011! It's hard to believe that a new year is upon us. Thanks to you, 2010 ended with a bang for Main Stay. First, you answered our call to action in our annual year-end fundraising appeal and helped us raise more than \$50,000! In addition, the Mary E. Gardner Foundation once again proved what a wonderful friend they've become to Main Stay by presenting us with a generous gift which allowed us to add ventilation to the indoor arena and purchase a utility vehicle. We also received notice from the Mental Health Resource League that they will help fund student scholarships in 2011 and purchase a plow for our new utility vehicle. Main Stay was truly blessed during this past giving season!

The upcoming year looks to be a busy one. Check out our calendar of events at www.mstrp.org. Winter classes began on January 18th. Spring classes (yes, spring) begin on April 4th. We'll begin gearing up with new and returning volunteer trainings in March. And of course, we're working fast and furiously on our annual Black Tie & Blue Jeans Gala which is scheduled for May 6th at Donley's in Union. You'll want to read the article on the back page. It's truly going to be a one-of-a-kind entertainment experience you won't want to miss. We're seeking sponsors for the event along with items for our silent auction. Let me know if you'd like to participate—we'd welcome *and appreciate* your support!

*Stay warm and think spring,
-Loriann*

Celebrate What You Want To See More Of

Tom Peters

And that's just what we did on December 4! Students, volunteers, staff and friends of Main Stay gathered at MCC to celebrate the end of the 2010 riding season. Main Stay instructors handed out the student awards and shared stories of their accomplishments. Volunteers were recognized for their dedication and for the many, many hours

that they gave to the program. This past year, our volunteers donated 4,600 hours of time to Main Stay! What a priceless and generous gift—we simply wouldn't exist without you. A big thank you to Bart, Al & Joe Alonzo (along with student, Austin) for entertaining us with holiday music and to Van's Supermarket for supplying the students' goody bags.





Closing Thoughts

Dear Friends,

As the New Year begins fresh and with anticipation of possibilities, we once again thank you for your generosity and help. Your participation allows us the privilege of beginning our 24th formal year of enhancing lives. Three years prior to that, a dream was born, shaped and put into motion. A huge thank you goes out to our early team members who made the commitment to serve the people in our community and to all of you that carry it forward.

People still ask us why and what we do... I think it's as easy as ABC... here's what I mean:

A is Autism, ADHD, Alzheimer's, Apraxia, Ability, Ambulatory, Anatomy, Analyze, Appropriate, Appaloosa, Andalusian, Apples, Adding numbers, Asking questions, Awareness, Austin, Amy, Adults, Acceptance, Accessible, Action, Adapt, Affordable, Anticipation, Amazing, Accomplishments...

B is for Brain Injuries, Behavior Disorders, Blindness, Barn, Balance, Body awareness, Body strength, Breath, Boundaries, Belgian, Buck, Beau, Bridle, Brush, Bucket, Boots, Basketball, Black Tie & Blue Jeans, Ben, Barbara, Brave, Become, Beauty, Bond, Believe...

C is for Cerebral Palsy, Cerebral Vascular Accident, Cognitive, Cross-crawl, Capable, Clydesdale, Carrots, Corn, Cinch, Canter, Counting, Core Strength, Control, Communicate, Colleen, Chris, Cooperation, Create, Commitment, Cultivate, Curiosity, Connect, Confidence, Comfort, Caring, Concern, Community, Celebrate, Children...

I think you get the picture... the list could go on forever.

With your help we reach out and help people learn, grow, recover and heal in a huge myriad of avenues – all with the help of our equine partner who disguises the hard work as fun! On an annual basis we ask if it is worth the hard work, the struggle to raise funds, the push to continue our own personal growth... and yes, occasionally we do tire, we do reflect and we do question our ability to continue.

The answer to the question this year is the same answer we've had for 27 years – a resounding YES! We hope your answer to our call for support is the same! Your "yes" opens doors, avenues, abilities and hearts – your "Yes" makes a huge difference at Main Stay! Come see us this year and celebrate the joy you create!

Heartfelt Thanks for All You Do!

*Love & Gratitude,
Sara*

YES! I want to help support equine-related therapy at Main Stay.

Name _____

Address _____

City _____ State _____ Zip _____

Phone _____ Email _____

Gift Amount \$25 \$50 \$75 \$100 Other \$ _____

Please designate my gift to the area of greatest need.

I'd like to support a horse through a monthly gift of \$50 to the *Stable Angel Club*

I'd like to support a rider through a monthly gift of \$50 to the *Therapy Angel Club*

I would like information on providing a Bequest to Main Stay.

VISA MASTERCARD DISCOVER

Acct # _____ Exp. Date _____

Signature _____

"Thank You" for your support. Your gift is tax-deductible as provided by law.

ANNUAL GIVING CLUBS

Leg-Up Club	\$1-\$99
Bronze Stirrup Club	\$100-\$249
Silver Stirrup Club	\$250-\$499
Gold Stirrup Club	\$500-\$999
Platinum Stirrup Club	\$1,000-\$4,999
Grand Prix Club	\$5,000+



Please return to:
MSTRP
6919 Keystone Rd.
Richmond, IL 60071



Main Stay Therapeutic Riding
6919 Keystone Road • Richmond, IL 60071

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Permit No. 65

Horses Healing Humans – One Life at a Time!

MISSION STATEMENT

It is the mission of Main Stay Therapeutic Riding Program to provide individualized equine related therapeutic activities to people with physical, developmental, social, and emotional disabilities, in McHenry and surrounding counties.

Main Stay Therapeutic Riding Program enriches the lives of our clients in a caring, safe, and challenging environment that will enable them to reach their highest potential.

BOARD OF DIRECTORS

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Head Instructor
- Cindy Johnston,
Office Assistant
- Kim Werner,
Office Administrator

CERTIFIED INSTRUCTORS

- Lori Cohen
- Patti Lessard
- Marc Crandall

Main Stay is a registered 501(c)3 with no federal or state funding.



SAVE THE DATE

Not your typical Black Tie and Blue Jeans!
A Night in the Museum...an evening without technology

Mark your calendar for Friday, May 6, 2011. This year Main Stay's annual Black Tie & Blue Jeans fundraiser is an evening that will engage your mind, tickle your fancy and enable you to support our riders with a silent auction, live auction and gambling! The evening will start with cocktails and conversation in the spectacular Museum at Donley's Wild West Town. Be prepared to have your horizons expanded by all this wonderful collection provides. See things from the distant and not so distant past that will awe and inspire you. You will marvel at this collection which includes a world class exhibition of Thomas Edison's early works (including Nipper) and one of the last photos taken of General Custer. The entertainment

greet you the minute you walk through those Museum doors and are stopped by a mechanical fortune teller, and concludes when the gambling raffle tickets are pulled. And of course, what would the night be without a fabulous performance by Denny Diamond and the Family Jewels. Please don't miss this opportunity to expand your mind in the Museum, expand your laughter at the gaming tables, and expand your heart for Main Stay!

